



The Parkland Federation

Aim High, Work Hard, Dream Big

Auf Wiedersehen - Goodbye in German



20th July 2022

Dear Parents and Carers,

Welcome to our final newsletter of the academic year - and what a year it has been! We are SO proud of the children and all of their incredible achievements. We were thrilled to learn earlier this week that Parkland has achieved the highest percentage of pupils in Eastbourne reaching the expected standard at the end of their primary schooling. This is testament to the hard work of all staff at Parkland and of course the wonderful children that you send us every day. They are a real credit to you and we look forward to seeing them back in September ready to embrace the new academic year.

We would like to say thank you for your wonderful support over the past year. Ensuring that children are in school, completing regular home learning and of course joining us for the many fun FOPS led events such as the circus, colour run and jubilee celebrations. We know how lucky we are to have such an incredible team of parents working to support the school and make it the fantastic place that it is, so a huge thank you to the Friends of Parkland Team too! You are truly second to none and are highly valued.

We hope that you all have a wonderful summer break and find time to relax and have fun. Don't forget the Summer Reading Challenge too!
Take care of yourselves and see you all in September!



EYFS



Thank you



WOW. We've had a busy end of the year! Reception have been to Eastbourne Beach as part of our topic 'Under the Sea'. The children found a note from the mermaid and wrote beautiful notes back to her. We had so much fun exploring the beach and enjoying the lovely sunshine. We've also had a water balloon fight this week to keep us nice and cool which the children absolutely LOVED! (As did the adults.) We've had a lovely last couple of weeks with the children and will miss them so much next year. We know they will have a wonderful time in Year 1 and we wish them all the luck in the world for their new adventure. A huge thank you to all the parents for their support this year. Have an amazing Summer break and we look forward to welcoming you back in September!

Congratulations to our Stars of the Week Hary & All of Kerr Class (Kerr) and Rory & Inkpen Class (Inkpen) and also to our Dojo winners Mollie & Rupert (Kerr) and Jaxson & Daniel (Inkpen)



Year 1

In Year 1, we have had lots of fun over the past couple of weeks. Sports Day was incredible and the children did so well in all the activities, It was also lovely having the parents there to cheer everyone on and show support. We also had a violin demonstration assembly during the week. It was amazing to hear the instrument and to see how much skill it takes. We made the most of outdoor activities in the shade and had fun going on a scavenger hunt to find Fred, the worry monster, jigsaw Jack and Abbey the owl whilst using a map to explore the school. Finally we would like to thank the wonderful Year 1 team for all the help, love and time they have given to the children and all of the parents. We hope the children have a wonderful summer and wish them the best of luck in Year 2.

Congratulations to our Stars of the Week: Alfred, Aurora & Rose (Donaldson) Alastair, Ruby & Kody (Shireen) and also to our Dojo winners: Olivia, Clara & Alex (Donaldson) Thomas, Eliza & Alex (Shireen)

Year 2

Oh my goodness, the last two weeks in Year 2 have been a whirlwind of activities. With French, Pizza making and Sports Day alongside a visit from our local Police Officers, we have certainly had a busy time! We would like to say a huge thank you to all of our fabulous parents and carers who have helped us to make Year 2 truly memorable. During our visit from East Sussex Police, the children were lucky enough to try on a range of police helmets and they even sat in the police car and police van. The children enjoyed pressing the sirens and hearing how loud they were. Sports Day was a hot and fun-filled day and the children were able to show off their amazing skills. We were so proud of their wonderful attitudes and how much effort they put in.

Congratulations to our Stars of the Week Nathan & Lukesh (Santat) and Evie & Harlie (Beaty) and also to our Dojo winners Lola & Layla (Santat) and Suzie & Amelia (Beaty)



Year 3

The last two weeks have been filled with fabulous events. The children got to enjoy time in their new classroom, spending time with their new teacher. We also got to participate in Sports Day. We had a lovely time sharing our PE skills and competing with our friends, it was so nice to share the experience with the parents cheering. In science, we have been exploring shadows. The children investigated what happens to a shadow as the sun moves. As part of our geography, we looked at map reading and drawing skills. The children learnt where Hampden Park fitted in relation to the wider world. We then went around the school to plot the grounds and make our own map. A fabulous year. We are so proud of the children! They have worked incredibly hard and achieved so much. We hope they will go home with fond memories from Year 3 and have a fantastic summer.

Congratulations to our Stars of the Week Mason & David (Harrison) and Isobel & Sophie (Woodson) and also to our Dojo winners Lucas & Benjamin (Harrison) and Serene & Lilly (Woodson)

Year 4



Year 4 tried their 'hand' at the sport of handball during PE. They moved the ball around the court demonstrating good passing techniques. They displayed good tactical awareness and thought of some effective plans for attack and defence. You've got to 'hand' it to Year 4, they really did do well! They also went on a Geography themed trip to Hampden Park for some fieldwork. The children immersed themselves in our locality, including the trees that have been growing since Roman times! Some excellent sketching took place too! Thank you to our parent helpers for doing such a super job of helping!

Congratulations to our Stars of the Week: Casey & Carol (Blackman) Arya, Daniel & Bobby (Walliams) and also to our Dojo winners: Brooke & Noah (Blackman) Phoebe D, Thomas & Lilia (Walliams)

Year 5



On Thursday 7th July, Year 5 welcomed Mike from Portals to the Past for an Ancient Greek day. Mike was an amazing story teller and told us lots of interesting things about Ancient Greek history. We re-enacted Greek theatre and learnt to fight like the Greeks. We solved puzzles that had been invented by Aristotle with one of our teams solving it in 4 minutes, **Mike said it was the fastest time out of 31,000 children who had done this with him before.** Amazing brain work from Year 5! The costumes were fabulous and really helped us to get into the spirit of the day. In D.T we made our own hummus and then got to taste our recipe. It was delicious!

Congratulations to our Stars of the Week, Oscar and Arthur (Zephaniah) and also to our Dojo winners Arthur and Brooke-Lyn.

Year 6



Last week, Year 6 took part in an exciting African workshop. During the morning session, all of the children had the chance to learn some wonderful tribal dance moves and then created their own. The morning ended with both classes joining in with a traditional group dance. In the afternoon, the children learnt how different tribes used symbols and paint to represent strength and character. The children then had the opportunity to decorate their own masks. This week saw Year 6 take part in their final swimming session. You would be astounded by the progress the children have made and we are very proud of them. Finally, we would like to say a big thank you from the Year 6 team for all of the support and help you have given both your children and us this year. We will miss you all! Good luck! Congratulations to our Stars of the Week, Jasmine C (Rosen) Harry (Mian) and also to our Dojo winners Ronnie (Mian) and Kyle (Rosen).

This week's Attendance:

Excellent attendance at school allows a child to have the best possible start in life. All pupils should aim for at least **97%** attendance in order to ensure they do not miss out on their education.

Inkpen Class (YR) 94%	Kerr Class (YR) 94%	Shireen Class (Y1) 92%
Donaldson Class (Y1) 93%	Santat Class (Y2) 93%	Beaty Class (Y2) 94%
Harrison Class (Y3) 95%	Woodson Class (Y3) 94%	Walliams Class (Y4) 93%
Blackman Class (Y4) 92%	Zephaniah Class (Y5) 92%	Wilson Class (Y5) 94%
Mian Class (Y6) 95%	Rosen Class (Y6) 93%	The Highest Attendance Award goes to Harrison and Mian class. Well done!

Goodbye & Thank you

As the academic year draws to a close, we want to say a **very** BIG thank you to those staff members who are moving on to new chapters. Mrs Smith retires after many years of teaching. She has had an incredible impact on so many children as well as teachers old and new. We are eternally grateful. Mr Wildman leaves us to follow his passion (and phenomenal talent) for dance. I am sure we will see his name up in lights in the future! Miss Timms also leaves to start an exciting new chapter following three years at Parkland. We wish them all the very best and will miss them so much.



Uniform Expectations for September

Don't forget to ensure that your child attends school in the correct school uniform (including footwear) from September. The link can be found here: [Website - Uniform Link](#)

Please remember that children should not wear any jewellery other than stud earrings. Bracelets, rings and necklaces etc are not permitted for health and safety reasons and toys should not be brought to school.



Scientist of The Term

Well done to Lauren in Blackman for being the Scientist of the Term. Lauren has taken part in the Science Scholars program we are running with the other Swale schools in Eastbourne. She has been a shining example of an excellent scientist. Well done, Lauren!



At the Infant School, a big well done to Billie! This is for being a great representative for our school at the carnival in Eastbourne. Billie learnt lots about keeping our environment plastic free and made a gorgeous guitar out of recyclable materials. What a great scientist!



Sports Person of The Term

Congratulations to our Sportsperson of the Term Award winners. Joe from the Infant school and Beth from the Junior School have shown incredible resilience, determination and skill during PE sessions. These two athletes have on many occasions demonstrated all of the school values, as well as performed exceptionally during PE. Congratulations for being such fantastic athletes and for being such outstanding ambassadors for our schools!



Prom Thank you

We wanted to say a very BIG thank you to Mrs Deaves and Mrs Staicu for organising such a wonderful Prom for our Year 6 pupils. The children absolutely loved it and had a fantastic evening with a DJ, games and dancing, hot dogs and a variety of sweet treats. They made some wonderful memories that they can cherish forever. Thank you also to all of the other parents who gave up their time to help at the event. It is very much appreciated.



Punctuality and Timings from September

As you will already know, The Government has asked all schools to adapt the length of their school day. From September, **all** pupils will need to be in class by 8.45am when teachers will take the register. Children new to EYFS will finish at 3.10pm and Children in Years 1 - 6 will finish at 3.15pm. We will be in touch nearer the start of Term 1 to let you know about arrangements for coming in each morning. Children return to school on **Monday 5th September**.



DON'T BE LATE!



Junior pupils joined together one last time at a farewell assembly for Mrs Smith and our Year 6 pupils. We wish them all the very best of luck in their new ventures. They will be greatly missed.

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We have achieved our Green Flag Status! We are SO proud of this! A huge well done to our Eco Committee and to Mrs Walker for leading this fabulous initiative. What a wonderful way to end the year! We are passionate about ensuring our children grow up to be responsible citizens who play a key role in protecting the environment and this award highlights this commitment. A big thank you to Mrs Burrough for her wonderful support on the Eco Committee too!

Mental Health and Wellbeing Support



Swale
ACADEMIES
TRUST

CLICK
HERE



on Safeguarding For Parents Curriculum Health & Wellbeing Remote Education



The Anna Freud Centre's Schools Division has created SelfCare Summer packs for primary schools, to help young people find strategies to support their mental health and wellbeing over the holidays. [Click here](#) to access their free booklet detailing some simple but fun activities.



[Online Evening Parent Support Session](#)
Monday 8th August, 8pm – 9pm - Zoom session. If you would like a place, please email hello@holdingspace.org.uk to request the zoom link

Join us this summer for free food and fun at the Willingdon Trees Family Café! Enjoy a tasty and healthy meal together & have fun joining in with a range of activities.

The sessions are running Tuesdays and Thursdays throughout the school holidays and are free for everyone. [Click here to book a place](#)



12 Ways to Champion EQUALITY ONLINE

In terms of the esteem it's held in, women's football has made impressive progress in a short space of time. That's a bit like the online world: it's come a long way, but that doesn't mean we should stop trying to make it even better. The Women's European Football Championships are underway, and that's a timely reminder of how important it is to give everyone the respect they deserve online – regardless of gender, race, sexual orientation, religion or anything else. In partnership with the Global Equality Commission, we've produced a special guide to help young fans kick online discrimination into touch!

1 KNOW IT WHEN YOU SEE IT

Expressing views based on prejudice about a part of someone's identity – their race, gender or a disability, say – counts as online hate.

2 WHEN "BANTER" ISN'T FUNNY

Discrimination is sometimes disguised as humour: some memes, clips or gifs that certain people try to pass off as "funny" might actually be offensive.

3 BE YOUR OWN PERSON

Set a good example through your own online communication. Think whether you'd say a thing in real life before posting or sharing it online for the world to see.

4 SEEING SHOULDN'T EQUAL BELIEVING

Sneakier, less obvious types of online abuse can stay on the internet for longer, so don't assume that something's OK just because it's not been taken down yet.

5 SEXISM CAN BE ILLEGAL

As well as being extremely hurtful to a person or a group, online sexism and prejudice against women (known as misogyny) can be recorded as a hate crime in some cases.

6 ONLINE HATE, USED AS BAIT

Sadly, it's not just that being exposed to prejudice online is upsetting – some extreme organisations even try to recruit young people to their cause.

7 GET SOME DISTANCE

If you see messages online that upset you, it's probably time to give yourself some space from that site or app. Talk to a trusted adult about how you're feeling.

8 TURN OFF THE HATERS

If someone you follow on social media is posting sexist content, you could always mute them or block them – or unfollow them altogether.

9 PLAY IT BY THE BOOK

If you see someone discriminating online, you don't have to challenge them yourself. Screenshot their post and report them to the app or site you saw it on.

10 EXPLOITING 'PACK MENTALITY'

Sexist messages aren't always sent to a target directly: sometimes, they're posts designed to provoke misogyny among other people.

11 POSITIVITY ALWAYS WINS

Go the extra mile and spread some positive vibes! Instead of just reacting to a post and scrolling past, you could add a message of support and encouragement, too.

12 CREATE THE WORLD YOU WANT

Remember, you're the boss of your online world. Engage with posts or accounts that celebrate equality and understanding: block or unfollow the ones that don't.

GLOBAL
EQUALITY
COLLECTIVE



National
Online
Safety

#WakeUpWednesday

FURTHER SUPPORT

If you've been affected by any of the issues mentioned in this guide, there are some excellent resources that can offer further help and support.

NOS Mental Health Guides: nationalonlinesafety.com/guides

Minds: www.youngminds.org.uk

Stop Hate UK: stophateuk.org

Ditch the Label: www.ditchthelabel.org

Childline: www.childline.org.uk

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

STAY SAFE ONLINE THIS SUMMER

How many tips can you find?

UNSURE?
ASK A TRUSTED
ADULT



www.nationalonlinesafety.com @natonlinesafety /NationalOnlineSafety @nationalonlinesafety

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Summer Activities for those entitled to Free School Meals

School holidays are approaching! The Government's Holiday activities and food programme funds a range of exciting activities for young people. The activity sessions are free to children who receive benefits-related free school meals. Parents can check if they qualify by reading the East Sussex County Council website [Free school meals page](#).

There are over 140 club venues spread across East Sussex. They all offer a free healthy meal. Activities include sport, art, theatre, forest school, animation, music, computer coding and crafts.

You can find out what's available and book a place on the [HAF booking website](#).

If you prefer, you can see what is happening in each area:

- [Lewes and surrounding area](#)
- [Newhaven and surrounding area](#)
- [Hastings and surrounding area](#)
- [Eastbourne and surrounding area](#)
- [Uckfield, Crowborough and surrounding area](#)
- [Bexhill and surrounding area](#)
- [Hailsham, and surrounding area](#)

We want as many young people as possible to take part and have a great summer holiday.

You will find more information about the programme on the [Holiday Food and Fun webpage](#).

PLACES WHERE KIDS EAT FREE (OR FOR £1) DURING THE 6 WEEKS SUMMER HOLIDAYS 2022



COURTESY OF MONEY SAVING CENTRAL



ASDA CAFE

Kids eat for £1 all day, every day with no adult spend from 25th July - 4th Sept 2022

FUTURE INNS

Under 12's eat for free with any adult meal during the school holidays

TABLE TABLE

Two children under 16 can get a free breakfast every day with one paying adult!

YO! SUSHI

Kid's eat free from 3pm-5.30pm, Monday to Thursday until 1st September 2022

THE REAL GREEK

Kids eat FREE every Sunday for every £10 spent by an adult

SIZZLING PUBS

Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.

BEEFEATER & BREWERS FAYRE

Two children under 16 can get a free breakfast every day with one paying adult!

PAUSA CAFE @ DUNELM

From June 27th kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend

MARKS & SPENCER CAFE

Likely But Not Yet Announced

WHITBREAD INNS

Two kids under 16 eat for FREE with every adult breakfast purchased

MORRISONS

Spend £4.99 after 3pm daily & get one free kids meal (usually all day during half term)

HUNGRY HORSE

Kids eat breakfast free with every adult breakfast, daily from 9am - 12pm.

BELLA ITALIA

Children eat for £1 with any adult main. The offer is valid 4-6pm Monday to Thursday

CAFE ROUGE

Kids eat for £1 when you order one adult's main meal. Excludes Saturdays

SA BRAINS PUBS

Children can eat for £1 with any adult main. Only valid Wednesdays but on all day

ANGUS STEAKHOUSE

One free children's meal per paid adult meal 12-5pm daily throughout the holidays

PRETO

Kids up to age 10 eat free all day, every day with paying adults at Preto

FARMHOUSE INNS

Likely But Not Yet Announced

PARENT GOVERNOR VACANCY



We are looking to recruit a **Parent/Grandparent Governor** who has a specific focus on The Parkland Federation. As a governor you will be able to raise questions and take part in discussion and decision making, working as part of a team to support the school. If you are interested in applying for the role or would like to know more, please call in to the Office to pick up an Application Pack. The closing date for applications is **6th September 2022**.

We look forward to hearing from you.